

MENTORING

The role of the mentor is to provide advice, guidance and support and to act as sounding board

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by Hugo Herrera

- M = Motivator
- E = Empowers
- N = Nurture
- T = Teacher
- O = Originator
- R = Role model

Identifying goals

- S = Specific
- M = Measurable
- A = Achievable
- R = Relevant
- T = Timely
- E = Extending capabilities
- R = Rewarding



Sharing experiences



75%

of Executives say mentoring plays a key role in their careers



Asking good Questions



- What is it that you really want to be and do?
- What are you doing really well that is helping you get there?
- What are you not doing well that is preventing you from getting there?



Encouraging Experimentation



Creative thinking inspires ideas. Ideas inspire change.

Barbara Januszkiewicz



Feedback



This is where the mentee will most likely grow the most by identifying their current strengths and weaknesses and learning how to use these to make themselves successful in the field.



96%

of mentees are able to apply their learning directly on their careers

Supporting Progression

